

# THE OKAMI KAI HOWLER



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September 2008

## **Break Fall 2008!**

Okami Kai is pleased to announce it will be hosting the first ever Break Fall event scheduled for **Sat. Oct.25 starting at 9:30am.**

No martial artist 13 or older will want to miss this fantastic event featuring great instructors all doing what they do best!

Our current roster includes...

Kyoshi Kevin Blok (8<sup>th</sup> Dan Aikido)  
Shihan Fred Walker (6<sup>th</sup> Dan Karate, 2<sup>nd</sup> Dan Judo)  
Shihan Dai Patricia Blok (5<sup>th</sup> Dan Aikido)  
Sensei Ted Theelen (4<sup>th</sup> Dan Karate)  
Sensei Mick Chambers (4<sup>th</sup> Dan Aikido)  
Sensei Scott Campsall (3<sup>rd</sup> Dan Karate)

Price is \$95 per person which includes the full day of training with each instructor and a dinner with a dance to follow held at the Goodwood Community Center that evening.

**Space is limited. Be the first to register now!**

**There are still some limited spots for people wanting to join us for the Okami Kai Anniversary Party on Sept.6. Let us know if you would like to meet us at the dojo at 12:45pm and join us as we go to the Putting Edge for mini-golf and pizza. There is a \$25 charge for anyone not in Yellow Pack.**

## Wolf Pack Report

Yellow Pack Congratulations Reece Rodych for being chosen as this month's Ichiban!

105 points

Green Pack

20 points

Red Pack

0 points

Blue Pack

0 points

## **Make Sure You Have Your Business Cards**

Okami Kai Business Card coupons are currently being handed out. Make sure you get yours and hand them out to all your friends. Each card entitles the bearer to 65% off a start up package (regularly priced at \$99). Remember that \$5 will be given to the person who's name is on the card when it is handed in. That person will also get \$25 if the new student signs up for six months and \$50 if they sign up for a year.

**Please take note that the  
Wednesday morning all ages class  
will now run from  
10:30 until 11:15am  
as of Sept.3**

## **New Aikido Start Up Package**

*Just in time for Fall Registration season!*

We are now offering an Aikido Start Up package similar to the one we currently offer for Karate students. Each package includes a private class with Campsall Sensei, a uniform, and a two week trial membership. Anyone is allowed to take advantage of this offer. Remember that current Karate students get 65% off (\$39.15 tax included).

## **Mark Your Calendar!**

*For more information visit [www.okamikai.com](http://www.okamikai.com)!*

**Sept.3** – Registration Night at Uxbridge Arena

**Sept.6** – Okami Kai Anniversary Party

**Sept.13** – Kid's Tactic Bully Buster Class

**Sept.20-21** – On Guard CDT Course

**Sept.27** – Karate Kyu Belt Grading (**No Classes**)

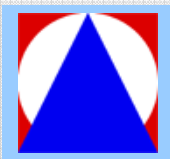
**Oct.11&13** – Thanksgiving Weekend (**No Classes**)

**Oct.25** – Break Fall 2008 (**No Classes**)

**Oct.27** – HBK Brown and Black Belt Class

## On Guard CDT Course

There is still some space for the next On Guard Control and Defense Tactics course scheduled for the weekend of Sept.20-21.



This is an intensive 12-16 hour course which covers topics including practical self defense techniques, use of force continuum, aligning skills for greater effectiveness, hold reversals, blocks, checks, pressure point controls, stuns, basic edged weapon defense and more with a strong focus on control of others for arrest and/or detainment.

For a full list of clients who have benefited or are benefiting from this course you can visit the official On Guard website at [www.onguardtactics.com](http://www.onguardtactics.com)

**Price is \$350 per person or \$300 per person for CAFI members (Aikido students). Any adult can register. Payment can be made by cash or cheques payable to Okami Kai. Post dated cheques for the weekend of the course are accepted.**

**You can also register with your credit card online by visiting this webpage...**

[http://www.active.com/page/Event\\_Detail ...40c1a59077](http://www.active.com/page/Event_Detail...40c1a59077)

## Fall Karate Kyu Belt Grading

Our next grading for all kyu belts in Karate will take place at the Okamikan on **Sat. Sept.27.**

All orange belts or higher wishing to grade must submit a Request to Grade form into our office no later than Sept.16. Any white or yellow belt who is ready to test will be given a letter from Sensei informing them that they are on the grading list. All grading fees must be submitted by Sept.23. Anyone who does not have their fee in by that time will not be allowed to test. Anyone who owes money for tuition or merchandise must also pay this amount by the Sept.23 deadline in order to be tested.

We strongly recommend that all students attend classes at least twice a week in order to prepare for their test whether they are grading in September or at future gradings. Private classes with Campsall Sensei are also available and will be booked on a first come, first serve basis.

## **Kid's Tactic!**

### **Bully Buster Class**

Campsall Sensei will be teaching a special one hour Bully Buster class from Okami Kai's Kid's Tactic curriculum on **Sat. Sept. 13 at 1:30pm.** During this course, children as young as 6 years of age can learn...

- ✦ How to stop a bully from wanting to pick on them
- ✦ Non-violent ways of handling a conflict with another student
- ✦ Techniques to help stop a physical fight before it starts
- ✦ How to use body language to their advantage
- ✦ Self defense techniques that can be used when there is absolutely no other choice and will help them get to an adult for help.

Price is \$15 per person with all money being given to the Gorgon Foundation. No martial arts experience is necessary so be sure to invite anyone that you feel would benefit.

New

Okami Kai

Leather/Melton Jackets

Available!

(starting at \$195 each)



Talk to Us For More  
Information