

THE OKAMI KAI HOWLER



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Register Now For New Aikido Classes!

Sensei Campsall will be teaching Yoshinkan Aikido classes starting on October 4. This will be under the guidance of Kyoshi Kevin Blok and any student will be ranked in affiliation with the Chudokan Aikido Federation International. Aikido classes will take place on Wednesdays during the 10:30am Karate class and also during the adult Karate class at 8pm. Senpai Dave Boudreau will be teaching the Karate classes on Wednesday nights. There will also be an exclusive Aikido class on Saturdays at noon. We are now accepting registrations for this new and exciting addition to Okami Kai. No introductory class is required, but you must register prior to attending your first class. Okami Kai Karate students will still be taught and required to know their Aiki-Kai Aikido techniques. Karate students will only be given as much Yoshinkan knowledge as they are currently receiving in class. The Yoshinkan Aikido classes should be considered to be a separate program and any student unless they have prior Yoshinkan Aikido training will be ranked as a white belt to start.



Get "Active" Online

Okami Kai has obtained the use of www.active.com so that anyone wishing to register for events can do so online. For a small service charge, you can now register for the On Guard course happening Sept. 16-17 and also the upcoming seminars with Jean-Ives "The Iceman" Theriault on Oct. 14. You can search for these events on the active website or access the actual pages through our message boards on www.okamikai.com.

Not enough time to get to class, but you still want to grade?



NO PROBLEM!

Book a private class with
Sensei today!

Brown And Black Belt Classes Return Oct. 2 At 8pm

Sensei has decided that this year, these classes will focus more on our curriculum requirements than ever before. He has admitted that getting away from the handbook is interesting, but in the end our students need to reach their goals and that is more important. Topics this year will include preparing for tests, attitude 'adjustments', finding favourite techniques, kata analysis, and much more. Anyone holding a brown or black belt should do their best to attend these classes happening on the first Monday of every month especially, if you're thinking of grading.

Wolf Pack Report

All scores were reset to zero as of Aug. 1. Get to work and earn points. It's every pack for themselves!

Red Pack Terran Comer gets 100 points for encouraging his Dad to study Karate!

207 points

Blue Pack

34 points

Green Pack

54 points

Yellow Pack

47 points

Mark Your Calendar!

For more information visit www.okamikai.com!

Sept. 2&4 – **No classes** (Labour Day Weekend)

Sept. 8 – Anniversary Party

Sept. 16-17 – On Guard Course

Sept. 29 – OK Event Fund Youth Dance

Sept. 30 – Kyu Belt Grading (**No classes**)

Oct. 2 – Brown and Black Belt Classes Return

Oct. 4 – Yoshinkan Aikido Classes Start

Oct. 14 – Seminars with Jean-Ives Theriault

Still Time To Get On Guard

We are still currently accepting registrations for the first ever Okami Kai On Guard course featuring Kyoshi Kevin Blok on Sept. 16-17. This course is two full days of intensive training in such topics as practical self defense techniques, use of force continuum, aligning skills for greater effectiveness, hold reversals, blocks, checks, pressure point controls, stuns, basic edged weapon defense and more with a strong focus on control of others for arrest and/or detainment. A certificate and manual will be provided upon completion of the course.



The credentials of Kyoshi Blok as well as a full list of clients who have benefited or are benefiting from this course are listed on the official website at

www.onguardtactics.com

Members from the OPP and the Toronto Police Force are expected to participate helping to make this an extremely informative weekend.

Price is \$300 per person. Any adult can register. Payment can be made by cash or cheques payable to Okami Kai. Post dated cheques for the weekend of the course are accepted. You can also register online through the 'Upcoming Events' message board on okamikai.com

Iceman Update

Okami Kai is pleased to announce due to his reputation for providing a fantastic workout, Body Fit Health Club has recently become a supporter of the upcoming seminars with Jean-Ives "The Iceman" Theriault on **Oct. 14** and all proceeds will now be donated to OPERATION: JAPAN!

Mr. Theriault will be teaching two action packed seminars that are open to the public and **you will not need martial arts experience to participate**. One will be for children ages 6 years and up. This will take place at 1pm and will be \$15 per person for members and \$20 per person for non-members.

Another seminar geared specifically for adults will take place between 2:30 and 4:30pm. Prices for this seminar will be \$30 for members and \$35 for non members.

Shop and Support Yourself!

In order to encourage more sales of shop and support gift cards, the OK Event Fund has decided that any money that is contributed to the fund will go to each individual supporter or purchaser should they decide to go to Japan in May 2007. For example, if a person were to purchase cards and \$12 was raised from that purchase for the OK Event Fund, the purchaser would now be granted \$12 towards their trip to Japan if they wish to go. Any money that is not used by the individual or the person they are supporting will remain in the OK Event Fund account and will be dispersed among the group that is going and that have received credits towards their trip.

Look for more information soon to be released about upcoming 'Shopping Blitzes' taking place in October and November of this year.

Kamakura Information



The Great Buddha of Kamakura is a bronze statue of Amida Buddha that is located on the grounds of the Kotokuin Temple. With a height of 13.35 meters, it is the second largest Buddha statue in Japan (the largest is located in the Todaiji Temple in Nara).

The statue was cast in 1252 and originally located inside a large temple hall. However, the temple buildings were washed away by a tsunami tidal wave in the end of the 15th century, and since then the Buddha stands in the open air.

Make It Canadian!

We are happy to announce that for an extra \$1.50, you can have a Canadian maple leaf embroidered on the back of your white Okami Kai hat. This will be great for those traveling to Japan or those going anywhere. Now you can show your pride in your martial arts school and your country at the same time!

