
THE OKAMI KAI HOWLER



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September 2003

Happy Anniversary Okami Kai!

We will be celebrating our fourth year in operation on **Saturday September 13**. The festivities will begin with our Wolf Pack party. We will then be having a pot luck dinner and dance at the Masonic Hall. This party is open to anyone who wishes to attend. They must bring something for the dinner as well as any beverages that they may want to enjoy over the course of the evening. Some soft drinks will be provided. We hope that everyone will be able to attend what is meant to be a great party!

Special note: Sensei and Senpai Darcie were married at a private ceremony at their home this past month. This is one more reason for the big bash!

Kid's Tactic!

Okami Kai is now offering two new self defense programs designed to be taught to groups of children ages 6 and up!

- ⊕ Our **BULLY BUSTER** program highlights techniques that your child can do to help stop a fight before it starts. We also teach what to do if they need to stop a bully long enough to get to an adult supervisor or teacher.
- ⊕ Our **STREET PROOFER** program will help to make your child aware of common ploys and tricks that kidnappers use as well as techniques that can be used to help defend against an attacker.

We are available for youth groups of any size. Please keep us in mind when talking to Scout leaders, coaches, and teachers or principals.

Best Classes To Attend

These classes have the lowest attendance at present. You can get a lot of one on one attention by showing up at these times.

Monday 5pm for all ages white and yellow belt

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Wednesday 8pm for adults all levels.

Wolf Pack Report

Welcome to another year of Wolf Pack competition. It is every pack for themselves again. Maybe **Blue Pack** will keep their title or maybe someone else will win! **Red Pack** and **Yellow Pack** have yet to get a flag on the dojo wall. Congratulations to all members who successfully graded on August 24. Your points have been recorded. This could be your year. Good Luck!

Yellow Pack **57 points**

Blue Pack **50 points**

Green Pack **49 points**

Red Pack Welcome Bradley Cole! **43 points**

New Class Schedule Has Started

As announced in last month's Howler, we have officially started our autumn class schedule as of September 2, 2003. Please make sure that you have a copy so that you know when your actual class time is. Remember that we have a late for class policy. If you are not on the floor and ready to train when your class starts you can still watch but cannot participate. Please also remember that for the first two Saturdays (6 & 13). There will be only one Karate class at 9am and one Bo class at 10am. We will then be offering the split classes as indicated in the schedule. People who are working on the second or third Bo kata will be considered advanced students and therefore they should attend their class at 11am. All other students should arrive for 11:45am. Warm-ups will be done in class as usual but we still advise you arrive 5 or 10 minutes early as you do for all classes.