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# THE OKAMI KAI HOWLER



Volume 9, Issue 3

November 2007

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## Knock Out Hunger Night 9!

We are joining up with Body Fit again for our ninth annual **“Knock Out Hunger Night”** at **6pm on Monday December 3**. This is an open house type of event where the public can, participate in some fitness classes, learn about martial arts, and watch some of our students demonstrate their martial arts talent. Admission is a non-perishable food item that will be given to the Loaves and Fishes Food Bank. Subway sandwiches will also return to provide some delicious snacks for the participants. Make sure to bring some extra cash for a raffle draw for some great prizes with all proceeds joining the food as a donation to the food bank.

All members are encouraged to attend with their friends and family. Spread the word and tell everybody to knock out hunger with us!

### New Dates and Times for Brown and Black Belts

Friday nights is going to be the place to be for Brown and Black belts at Okami Kai. Well, for two nights a month anyway.

The Okami Kai Sparring Club which meets on the last Friday of every month has changed their time to 7pm. Keep checking the Upcoming Events section on [okamikai.com](http://okamikai.com) and the ‘Mark Your Calendar’ section of this newsletter for the exact dates.

Okami Kai’s Brown and Black Belt classes are also moving to the first Friday of the month at 7pm starting Dec.7. This is due to many reasons including Knock Out Hunger Night 9 happening on the normal day of Monday Dec.3. All higher belts are encouraged to participate or at least support those who are.

### Okami Kai Demo Team At Knock Out Hunger Night 9

The Okami Kai Demo Team will be performing again on Dec.3! Practices will be every Monday evening from now until then (Oct. 29, Nov. 5, Nov. 12, Nov. 19 and Nov. 26) during the 5:30 class with Senpai Jonathan Gladstone. All Okami Kai members are welcome - we can use everyone from white belt on up. Come out, have some fun and get ready to help us show our stuff!

There is a sign up sheet in the dojo. To participate you must be able to commit to the last three practices (5:30 to 6:30 on Nov. 12, 19 & 26) and to the event itself.

If you have any comments, questions or suggestions, please get in touch with Senpai Jonathan Gladstone at 905-852-4489 or [jlsb@sympatico.ca](mailto:jlsb@sympatico.ca).

### Extendable Baton Course

Sensei Campsall and Sensei Chan will be teaching a 3-4 hour course on the use of extendable batons at Humber College’s North Campus on **Saturday Dec. 1 at 2pm**. Prices are \$135 per person or \$110 for CAFI or Okami Kai members. The discounted price is also available to anyone who has received certification in the On Guard Control and Defense Tactics course. All prices include a baton with case and a certification from On Guard International upon completion of the course. You can talk to Sensei Campsall to register. **All registrations must be received by Nov.19.**

## Family Day

All of our members' families are invited to join us for a special class on **Sat. Nov. 24 at 9:30am**.

Sensei will be guiding the student in each family as they teach their loved ones martial arts.

After the class, we will be going downtown to watch the Santa Claus Parade together.

Don't miss this chance to get some valuable quality time with your family!

**Special Note:** Body Fit has invited us to join in with their Santa Claus parade float this year. Please let Senpai Jonathan Gladstone know if you would be willing to assist by walking beside it or being on it this year.

## Wolf Pack Report

**Red Pack** Get working Red Pack. You just slipped to second place. **302 points**

**Green Pack** **222 points**

**Blue Pack** Congratulations to Senpai Alex Canario for being chosen as Ichiban for this month! **216 points**

**Yellow Pack** Welcome Owyn Bailey and Regan Hughes! This could be your year to put a Yellow pennant on the dojo wall. Get to work and earn points! **77 points**

## Sensei Wants To Be Your 'Friend'

Campsall Sensei has opened a Facebook account and is totally willing to be 'Friends' with Okami Kai students and parents. Please feel free to look for his profile on [www.facebook.com](http://www.facebook.com) and submit a request so that he can confirm that you are in fact his 'friend'.

*Note to parents:* As much as Campsall Sensei would like to keep his profile family friendly, there is the odd person who may submit off colour videos, pictures, messages, etc. This is totally out of his control, but he will delete them as soon as he detects that they have been placed on his profile. It should also be noted that Facebook is a public forum and if your child is using this site to communicate with friends that more than likely they will be seeing such offensive material while using the site in other areas as well.

## Mark Your Calendar!

For more information visit [www.okamikai.com](http://www.okamikai.com)!

**Mon. Nov. 5** – Okami Kai Brown and Black Belt Class

**Sat. Nov.10** – Capital Conquest 2007 (**No Aikido Class**)

**Sat.Nov.24** – Family Day (**No Aikido or Weapons Classes**)

**Sun. Nov.25** – **HBK Judo Workshop**

**Mon. Nov.26** – HBK Brown and Black Belt Class

**Fri. Nov. 30 at 7pm** – Okami Kai Sparring Club (**New Time**)

**Sat.Dec.1 at 2pm** – Extendable Baton Course at Humber College

**Mon. Dec. 3** – Knock Out Hunger Night 9

**Fri. Dec.7 at 7pm**– Okami Kai Brown and Black Belt Class (**New Day and Time**)

**Fri. Dec.14** – Black Belt Grading

**Sat. Dec. 15** – All Kyu Belt Grading and Okami Kai Christmas Party that evening (**No Classes**)

**Sun. Dec.16** – On Guard Non-Physical Crisis Intervention Course

**Sat.Feb.8** – Kyoshi Therien Jiu-Jitsu seminars

**May 8-11, 2008** – WKF Convention in France

Those who dream by day are cognizant of many things which escape those who dream only by night.

Edgar Allan Poe

## Save 10%

on Satori 12oz custom made Karate uniforms this month only.

Talk to Campsall Sensei for details.

