

THE OKAMI KAI HOWLER



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November 2006

Knock Out Hunger Night 8!

We are joining up with Body Fit again for our eighth annual “Knock Out Hunger Night” at 6:45pm on **Monday December 4**. This is an open house type of event where the public can learn some Karate, participate in a fitness class, and watch some of our students demonstrate their martial arts talent. Admission is a non-perishable food item that will be given to the Loaves and Fishes Food Bank. Subway sandwiches will also return from last year to provide some delicious snacks for the participants. There will be face painting, temporary tattoos, and a raffle draw for some great prizes is also planned with all proceeds joining the food as a donation to the food bank.

All members are encouraged to attend with their friends and family. Spread the word and tell everybody to knock out hunger and train with us!

Please note that the brown belt level class for this evening has been cancelled and will actually be taught on Monday November 27 instead.

Wolf Pack Report

Red Pack Congratulations to Aylivia Taylor who was chosen as this month's Ichiban!

672 points

Green Pack

402 points

Blue Pack

267 points

Yellow Pack Welcome Cole Bagshaw, Brendan Lucarelli, Daina Simanovskis, and Tyler Bain!

211 points

Family Day!

All of our members' families are invited to join us for a special class on **Sat. Nov. 25 at 9:30am**.

Sensei will be guiding the student(s) in each family as they teach their loved ones martial arts.

After the class, we will be going downtown to watch the Santa Claus Parade together.

Don't miss this chance to get some valuable quality time with one another!



New Weapons Class Coupons

Many students asked for them. We now have them. Any student wishing to purchase 'Weapons Class Coupons' in books of four can do so at the price of \$20. A student using a coupon should put their name on it and then deposit it in the mailbox instead of the normal \$5 class fee. This is a voluntary way to pay for your classes. This by no means will replace the current system, but offer another alternative to those people who do not want to give their child \$5 each week for numerous reasons such as loss of money, them forgetting to pay, or even not having correct change each week. Please speak to Sensei to buy your book of coupons.

New Friday Night Bo Classes

*Senpai Keith and Senpai Garrett Clifford have started teaching Bo classes every other Friday night starting Oct. 27. Like the weapons classes taught on Monday and Saturday mornings, these are \$5 per class and all fees must be paid upon arrival. **The new weapons coupons are not accepted at these classes. Coupons are only to be used during the Monday and Saturday morning classes.***

Kamakura Information

Some website links that have some common English phrases listed with their Japanese translations were posted on okamikai.com. Some phrases are listed below. For more, you can visit www.okamikai.com. Look in the OK Event Section under Japan Trip Info.

- Good morning -- *Ohayo gozaimasu*
- Good afternoon (day) -- *Konnichiwa*
- Good-bye -- *Sayonara*
- How do you do? -- *Hajimemashite*
- Pleased to meet you -- *Dozo yoroshiku* or *Yoroshiku onegaishimasu*
- Thank you (very much) -- *Domo arigato gozaimasu*
- You're welcome -- *Do itashi mashite*
- Excuse me (pardon me) -- *Gomen nasai* or *Shitsurei shimasu*
- I am sorry -- *Gomen nasai*
- Do you speak English? -- *Anata wa eigo o hanashimasu ka?*
- Do you understand? -- *Wakarimasu ka?*
- Yes, I understand -- *Hai, wakarimasu*
- No, I don't understand -- *Iie, wakarimasen*
- Please speak slowly -- *Yukkuri hanashi te kudasai*
- What is your name? -- *Anata-no namae wa?*
- My name is _____ -- *Watashi no namae wa _____ desu*
- What time is it? -- *Nan-ji desu ka?*
- It's beautiful -- *Kirei desu*
- Hello (on telephone only) -- *Moshi moshi*
- Where is the toilet? -- *Toire wa doko desu ka?*

Mark Your Calendar!

For more information visit www.okamikai.com!

- Nov. 11 – Remembrance Day (**No weapons classes**)
- Nov. 17 – Demo Team Practice
- Nov. 20 – OK Event Fund Meeting
- Nov. 18&25 CPR and First Aid course
- Nov. 25 – Family Day
- Nov. 27 – Brown and Black Belt Class
- Dec. 4 – Knock Out Hunger Night 8
- Dec. 16 – Christmas Grading and Party
- Feb. 24-25, 2007 – On Guard CDT Course

There will be no
Sai or Aikido Classes on
Sat. Nov. 4.
We apologize for any inconvenience.

Okami Kai Remembers

All students in Lil' Dragons or the Youth Karate program should take home one of our special Remembrance Day colour pages. We would like to post the finished product in the dojo for all to see that we care about our freedom and are remembering those who fought and are fighting to protect it.



Please also note that there will be no weapons classes on Nov. 11. All of our students are encouraged to go to a Remembrance Day service at this time. The Karate and Aikido class will run as scheduled.

Get the most from your grading!



Book a
Private
Class with
Sensei
Today!