
THE OKAMI KAI HOWLER



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November 2005

Knock Out Hunger Night 7!

We will be holding our seventh annual **“Knock Out Hunger Night”** at **6:45pm on Monday December 5, 2005**. This is an open house type of event where the public can learn some Karate and watch some of our students demonstrate their martial arts talent. Admission is a non-perishable food item that will be given to the Loaves and Fishes Food Bank. This year will be extra special as Carole Ward from BodyFit will be teaching a special fitness class just for this event. Subway sandwiches will also be providing some delicious snacks for the participants. There will be face painting, temporary tattoos, and balloons for the kids. All members are encouraged to attend with their friends and family. Spread the word and tell everybody to knock out hunger and train with us!

Please note that the brown belt level class for this evening has been cancelled and will actually be taught on Monday November 28 instead.

OPERATION: JAPAN News

A lot of great fundraising ideas have been coming in and it seems as though many are interested in joining in the trip to Japan scheduled for May 2007. Sensei would like to hold a fundraising meeting for any students and parents at the dojo on **Monday November 21 at 8pm**. In the meantime, Sensei has decided to contribute money raised from the Wolf Den on www.okamikai.com towards the fund. Use the Wolf Den page to get access to Amazon.ca and 10% goes to the trip! Also, approximately \$2 from every CafePress purchase will also be submitted to the fund. Visit our website and start Christmas shopping. This year you will be giving the gift that keeps on giving!

Be An Okami Kai Superstar!

Okami Kai is going to start having a regular demonstration team available to perform at community events and different martial arts activities as they become available. A sign up sheet has been posted at the dojo for anyone interested and the first meeting will take place on Friday November 11th at 6pm. We would appreciate anyone who is interested in the team be at the meeting, as a regular practice schedule will be decided upon at this time.



Martial Arts
FOR THE FAMILY...
Learn, Grow
and
EXCEL TOGETHER.

This month only, receive a family discount on our \$99 start up package. The first person is full price, the second gets 10% off, the third gets 15% off, and the fourth person gets 20% off. This offer cannot be used with any other offers, coupons, or promotions.

Photo Day

Okami Kai will be holding our first ever picture day on **Sunday November 27**. Students will be asked to book a 15 minute session where a professional photographer will work with them and take pictures of them in their uniforms in poses and on backgrounds of their choosing. Several packages are available or singles can be purchased. Approximately 10% of all purchases will be donated to the OPERATION: JAPAN fund.



Martial Arts Word Scramble

Only two people got the 25 points for their Wolf Pack from last month's puzzle. Congratulations to Senpai Carter Minshull and Senpai Jonah Goldberg. The answers were...

1. Friends, 2. Respect, 3. Discipline, 4. Confidence, 5. Fitness, 6. Teamwork, 7. Patience, 8. Fun, 9. Flexibility, 10. Strength.
Bonus: Self Defense

This month, match these martial arts items with their correct description by writing the corresponding item letter on the answer line. The first 10 students to show Sensei the correct answers get 25 points for their Wolf Pack. Good luck!

1. Wooden Sword used in Aikido
2. Wooden stick used in Filipino Martial Arts.
3. Metal sickle with a wooden handle.
4. Fork like weapon used in pairs.
5. Weapon traditionally made of two pieces of wood attached by a chain.
6. Okinawan weapon from which the modern police baton was created.
7. Wooden staff usually about 6 feet in length.
8. Multiple point throwing star used in Chinese and Japanese martial arts.
9. Walking aid that can be used as a weapon.
10. A bamboo sword used in the Japanese Art of Kendo.

Bonus: A warrior's protective device.

A. Kama	B. Sai	C. Nunchaku
D. Bo	E. Cane	F. Bokken
G. Armor	H. Shinai	I. Shuriken
J. Escrima	K. Tonfa	

1.____ 2.____ 3.____ 4.____ 5.____ 6.____ 7.____

8.____ 9.____ 10.____ Bonus:____

Look for the answers in next month's Howler.

CLASS CHANGE

Senpai Keith Clifford will be teaching the Karate class and the bo class on Saturday Nov. 5. He will also be supervising a free sai practice session for anyone who wants to come in and work on what they have been learning in those classes as well. Although there is no fee for the sai class, bo students will still be charged for their class.

Wolf Pack Report

Blue Pack Congratulations to Senpai Carter Minshull for being chosen as Ichiban for the month of November! Both he and Senpai Simon Gladstone are receiving 500 points for attending Capital Conquest on Nov. 5th and 6th. Senpai Simon got 25 points for convincing his Dad to come out to Parent's Night. This Pack received 300 bonus points from people who attended the special class on Halloween night. It was this that helped this Pack move to first place.

1748 points

Green Pack Welcome Karisa Georgiou! Your brother Marley gets 100 points for bringing you in! Senpai Nicholas Tims is receiving 500 points for attending Capital Conquest on Nov. 5th and 6th. Senpai Dave Boudreau's attendance at Parent's Night gave this pack 25 points due to Senpai Jesse and Dylan Boudreau being members. Senpai Teresa Huntington also got 25 points for convincing her Dad to come out also. This Pack received 750 bonus points from people who attended the all ages class on Halloween night. It was this that helped move this pack into second place.

1671 points

Yellow Pack Welcome Nicholas Hurley! Brennan Wiles gets 100 points for bringing you in! He will also get a \$50 referral discount on his annual renewal if you continue and sign up for a one year membership. Senpai Jonah Goldberg is receiving 500 points for attending Capital Conquest on Nov. 5th and 6th. Glenn Rilling's attendance at Parent's Night gave this Pack 25 points due to Senpai Rob and Senpai Jeremy Rilling being members. Andrew Tennent got 25 points for convincing his Dad to come out also.

1236 points

Red Pack

Welcome Terran Comer, and Alyssa Hutchinson!

As we reported last month, Aylivia Taylor is a member of this pack. However, both Senpai Logan Hall and Lucas Esson were mentioned as being people who referred her to Okami Kai. Therefore, the 100 points usually given for bringing a new member were split between Red and Yellow Pack. These members will also each be given a \$25 referral discount on their next annual membership renewals.

219 points

Baby Its Cold Outside!

STAY WARM IN A BRAND NEW OKAMI KAI MELTON JACKET!

JUST \$225 TAX INCLUDED!

ORDER YOURS TODAY!