

# THE OKAMI KAI HOWLER



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## On Guard CDT Course

Our next On Guard Control and Defensive Tactics course will take place on **June 26-27**.



This is a comprehensive training course covering a variety of topics including practical self defense techniques, use of force continuum, aligning skills for greater effectiveness, hold reversals, blocks, checks, pressure point controls, stuns, basic edged weapon defense and more with a strong focus on control of others for arrest and/or detainment. A graduate certification diploma is provided after successful completion of the course. Price is \$350 per person.

Save \$50 for every person you invite to take this course! They must mention your name when they register.

## Okami Kai Picnic Being Planned

We are currently working on the details for our Okami Kai picnic which will take place on **Sat. June 19**. This will be a potluck luncheon featuring a Karate kyu belt grading among other activities. Don't forget to mark your calendar. You won't want to miss this fun event for family and friends.

### Kingston Kicks is June 12-13

*For everyone who signs up before May 24 to the Saturday seminars, you'll get a free complimentary Kingston Kicks 2010 T-Shirt. These items will only be guaranteed until May 24, so make sure you enroll today!*

[www.kingstonkicks.ca](http://www.kingstonkicks.ca)



## Our Day Camp is 30% Full Already!



Spots are going fast for our Karate Day Camp that will be running during the week of **July 12-16 from 9:30am until 3pm**. Participants will learn Karate in the morning and then do a different activity in the afternoon. Swimming and a trip to Northwood Zoo in Seagrave are already sure things with more activities being planned.

Price is \$165 plus tax per person for current Okami Kai members. Non-members are \$190 per person plus tax. All participants are asked to bring a bag lunch and comfortable clothing for each day of the camp.

## 2<sup>nd</sup> Place So Far!



According to [www.mssociety.ca](http://www.mssociety.ca) at the printing of this newsletter, our Walk-A-Thon team was the largest at the walk in Uxbridge and in 2nd place for fundraising. We have raised a total of \$6142.00 with more pledges still coming in. This has shattered our previous record of \$4000.00 raised!

Thank you to everyone that participated.

## Mark Your Calendar!

For more information visit [www.okamikai.com](http://www.okamikai.com)!

- Apr.30-May 2** – World Kobudo Convention
- Fri. May 28** – Brown and Black Belt Class
- June 12-13** – Kingston Kicks
- Sat. June 19** – Grading and Picnic
- Sat. June 26** – Goodwood Sports Day Demo
- June 26-27** – On Guard CDT Course
- Sat. July 10** – Gorgon's Golf Tournament
- July 12-16** – Karate Day Camp
- Sun. July 18** – Ribfest Demo
- Aug. 6-7** – Summer Synergy
- Sat. Oct. 2** – Gorgon's Car Rally

## Wolf Pack Report

**Yellow Pack** Reece Rodych, Jessica Hughes, Regan Hughes, Brianna Rosher, Devin Rosher, Shawn Rosher all got 100 points for registering for the MS Walk. They also collectively earned 150 points for getting others to walk with them.

6420 points

### Blue Pack

5729 points

**Red Pack** Congratulations to Jacob Campsall who was chosen as Ichiban for this month! He beat Campsall Renshi by raising over \$1500.00 for the MS Walk! Kieran Yee got 100 points for registering for the MS Walk

3936 points

**Green Pack** Johnny Manolakos, and Dre Manolakos got 100 points each for registering for the MS Walk. They also got another 250 for encouraging others to walk with them.

3872 points

**HEY KIDS! GET MOM TO TRY A START UP PACKAGE IN KARATE OR AIKIDO THIS MONTH AND YOUR PACK WILL GET 1000 POINTS!!! DON'T FORGET THAT THEY GET THE DISCOUNT PRICE OF \$35 PLUS TAX INSTEAD OF \$99 FOR A PRIVATE CLASS, UNIFORM AND TWO WEEK TRIAL, (SIX CLASS TRIAL FOR AIKIDO). IT COULD BE A GREAT GIFT FOR MOTHER'S DAY!**

You are never too old to learn something new. And there will never be a time when this will not make a person feel better about things.

*\*Excerpted from "The Once and Future King" by T.H.White*



## Hat Sale Day!

**Save \$5 each on all Okami Kai  
baseball caps  
on Sat. May 29!**

**This goes for our black or white**

## Demo Team Practices Have Started

Our Okami Kai Superstars are working very hard for future demonstrations. They will be performing at the Goodwood Sports Day on June 26 and at Ribfest on July 18. Other events are being planned at this time.

Make sure to sign up on the list by the sign in book and show up for Monday 5:30 classes if you would like to join the group.