
THE OKAMI KAI HOWLER



June 2005

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Dojo On The Move

There are lots of news and notes regarding our big move to Body Fit Health Club at 141 Reach St.

- **Our class schedule changes June 6 even though we don't move into our new location until July 6.** We will be using the same schedule at the new dojo.

- **Even though our class schedule is changing on June 6, the brown belt class will still be taught at 7pm.** When brown belt classes return in the Fall they will be taught at 7:30pm

- **The last classes at our present location will take place on Thursday June 30.** We will then be closed for the long weekend as well as Tuesday July 5. **The first official class in our new dojo will be on Wednesday July 6 at 9:15am for all ages and levels.**

- **The Grand Opening for the dojo at Body Fit Health Club will be July 16 from 12-5pm.** We are presently looking for a demonstration team for that day. Brown belts should remember that they must be on at least one demo team while training in the brown belt ranks in order to be promoted to Shodan (1st degree) black belt. This promises to be a fun event for the whole family.

- **All mats are being sold.** So far we have sold 8 of the 15 existing mats in our present location. We will be installing new mats at the new dojo. All 4x8 foot sheets are being sold for \$120 each. Speak to Sensei if you would like to purchase. Arrangements must be made with Sensei to pick these up on the night of Thursday June 30 after our adult class or the next morning.

- **All assistant instructors for children's are expected to teach on the regular days unless they have spoken with Sensei.** Whether you teach a white to orange or a green and higher class, you are entitled to teach at the 5:30 children's class. Please speak with Sensei as soon as possible if you cannot teach at this time. You will then be put on a list so another suitable time will be found. Brown belt students will be given first priority in order to achieve their 100 hours for black belt promotion.

Karate Picnic/Grading 2005

Mark **July 23** on your calendar for this year's Karate picnic and grading. This grading will be for all ages and levels and will be held outside at **180 Stephenson's Point Rd. in Port Perry.** HBK Martial Arts and Wellness Center will also be grading with us on this day. This event is for everyone and not just the people grading as we will be having some great games for kids on this beautiful property offering ponds, and acres of walking trails. July's newsletter will have more details as well as a map and specific times.

Warrior Weekend

The date for our first ever martial arts retreat has been changed to **Aug. 27-28.** Instructors will include Shihan Walker, Sensei Campsall, and 7th degree Yoshinkan Aikido black belt Shihan Kevin Blok. Prices for training for the weekend are \$90 per adult and \$60 per child. Accomodations at the Pigeon Hollow trailer park are available at the following prices...

TENT SITE; \$25.00

TRAILER SITE; \$35.00 (includes hydro hook-up)

COTTAGE; \$100.00 SLEEPS 5

LARGE TRAILER; \$120.00 SLEEPS 10

There are also bed and breakfasts as well as motels in the town of Bobcaygeon (approx. 5km away). We strongly advise you book your accommodations as soon as possible by contacting **Darryl Tims at 705-731-0962 or toll free at 1-877-313-8225.**

At this point, we are planning on having a potluck barbecue on the Saturday night that everyone will be welcome to attend. Hamburgers and hot dogs will be provided. There will also be bonfires on both the Friday and Saturday evenings.

Pigeon Lake offers great swimming and fishing so be sure to come ready for water relaxation also.



Take Sensei Home With You!

Karate Curriculum DVDs Are Now Available!

\$24.95 each

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Wolf Pack Report

Blue Pack Congratulations Alex-Rose Canario who was chosen as Ichiban for the month of June! Welcome Amanda and Demi Rogers! Carter and Sinclair Minshull received 100 points each for bringing you in.

4038 points

Yellow Pack

1502 points

Red Pack

1151 points

Green Pack

1023 points

Don't Wait To Register for Day Camp!

Our Karate Day Camp will be held during the week of **July 11 thru to July 15** from 9:30am until 3pm each day. Children ages 6 and older can learn Karate in the mornings at our new dojo located at 141 Reach St. and then participate in another fun activity in the afternoon. Afternoon activities last year included swimming, bowling and a tour of Northwood Zoo in Seagrave. Current members can participate for \$145 plus tax*. Non-members will be required to pay \$180 plus tax* but, will also be provided their very own Okami Kai gi and T-shirt that will be theirs to train in and keep after camp is over. Bag lunches for each day will be required as well as suitable clothing for each activity.

New This Year! Okami Kai's Elite Day Camp! July 18-22

This camp is strictly for Blue and higher belt levels and will feature a different black belt instructors each day! Extra activities include swimming, laser tag, and archery. Price is \$165 plus tax* or \$195 for non-members*.

The instructor list includes...

Monday - Sensei Scott Campsall - Sandan (3rd Degree Black belt) - Finding your wazas (techniques) for gradings, sparring, self defense

Tuesday - Senpai Dawn Michie - Shodan (1st Degree Black belt) - Kumite techniques

Wednesday - Senpai Greg Banting - Shodan (1st Degree Black belt) - Defense against multiple attackers

Thursday - Sensei Jackie Chan - Nidan (2nd Degree Black belt) - Balance drills, stance training

Friday - Sensei Mark Brook - Sandan (3rd Degree Black belt) - Never give up defense tactics

*** Participants for both camps must be registered by June 30, 2005. An additional \$25 per person will be charged for people who wish to register after this date. Space is limited so reserve your spot as soon as possible!**