

THE OKAMI KAI HOWLER



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Save \$30 On Courses

Due to some interest in people to take both the handcuffing course on Jan.31 and the On Guard Control and Defensive Tactics course on the weekend of Feb.28-Mar.1, we have decided to offer a discount of \$30 to anyone who registers for these courses prior to Jan.17. Remember that you must register for the handcuffing course by Jan.17 for your handcuffs to be here for you to use during the time of the course. For more information about either of these courses you can read the message boards in the Upcoming Events section of www.okamikai.com.

Make Sure We Can Read Your Writing

Our sign in book is very important to us. Please make sure you sign your name so that we can read it and can recognize who you are. This request is for students of all ages, but any Wolf Pack member who does not write their name clearly will not be given a point for attending that class.

Wolf Pack Report

Yellow Pack 228 points

Green Pack 681 points

Blue Pack Congratulations to Sinclair Minshull who was chosen as Ichiban for this month!
605 points

Red Pack 368 points

Special Thanks

From Campsall Sensei

Thanks to everyone who gave our family Christmas cards and presents this year. It was very much appreciated, but totally unnecessary. Your support of us and the dojo has and always will be considered to be enough of a gift each and every year.

What? You're Missing Out On The Cleanse?!

The Okami Kai 30 Day Cleanse Challenge starts Jan.5. So, let's say that you forgot about the emails, last month's newsletter, and the website message boards all telling you that you should have ordered your program so you would have received it in time to start with the rest of the group. Want to know a secret? Sensei Darcie and Sensei Scott didn't start with their group either when they did their first cleanse. You can read all about their experience in the message board on www.okamikai.com entitled '*Sensei's Personal Cleanse Story*'. Not only does it reveal this secret, but it also gives you all the information you need so you can order your program and start your own cleanse. Then, once you order your program let Sensei Scott and Sensei Darcie know. They'd love to include you in the group even if you are a late starter. You should also check into www.okamikai.com regularly as we have created a special board for questions, comments, and whatever else could be on your mind while doing your cleanse.

We'd love to encourage you as you take back your health even if we can't stop your procrastination.

Mark Your Calendar!

For more information visit www.okamikai.com!

Mon. Jan.5 – Classes Resume and Group Cleanse Starts

Mon. Jan.19 – Demo Team Pizza Party!

Mon. Jan.26 – HBK Brown and Black Belt Class

Sat. Jan.31 – Handcuffing Course

Feb.14-16 – Family Day Weekend (**No Classes**)

Feb.28-Mar.1 – On Guard CDT Course

Our Black Belts Want To Teach You

Okami Kai is pleased to announce that we now have more black belts than ever before. All of our fully ranked Shodan students would



Love the opportunity to teach a private class for you at a low fee of \$40.00 per hour. Campsall Sensei will also continue to teach private classes at a slightly higher price of \$75 per hour should this also be desired. These can be arranged through our office and with the black belt martial artist in question. Sometimes a private class can make up for more than a month of training. All of our students are encouraged to look into the possibility of private classes for a much higher quality of instruction.

Calling All Demo Team Members... You're Invited To A Party!

Anyone who participated in the demonstration at Knock Out Hunger Night 10 is welcome to attend a special thank you pizza party in the child care room on Mon. Jan.19 after the all ages class at 6:30pm. A special sign up list is located by the door to the dojo. Please let us know if you can attend.

Did you Miss Our Demo?

Video clips from our Knock Out Hunger Night 10 demonstration can be found in the photo gallery on www.okamikai.com!

More Is Not Enough

There was once a stone cutter who was dissatisfied with himself and with his position in life. One day he passed a wealthy merchant's house. Through the open gateway, he saw many fine possessions and important visitors. "How powerful that merchant must be!" thought the stone cutter. He became very envious and wished that he could be like the merchant.

To his great surprise, he suddenly became the merchant, enjoying more luxuries and power than he had ever imagined, but envied and detested by those less wealthy than himself. Soon a high official passed by, carried in a sedan chair, accompanied by attendants and escorted by soldiers beating gongs. Everyone, no matter how wealthy, had to bow low before the procession. "How powerful that official is!" he thought. "I wish that I could be a high official!"

Then he became the high official, carried everywhere in his embroidered sedan chair, feared and hated by the people all around. It was a hot summer day, so the official felt very uncomfortable in the sticky sedan chair. He looked up at the sun. It shone proudly in the sky, unaffected by his presence. "How powerful the sun is!" he thought. "I wish that I could be the sun!"

Then he became the sun, shining fiercely down on everyone, scorching the fields, cursed by the farmers and laborers. But a huge black cloud moved between him and the earth, so that his light could no longer shine on everything below. "How powerful that storm cloud is!" he thought. "I wish that I could be a cloud!"

Then he became the cloud, flooding the fields and villages, shouted at by everyone. But soon he found that he was being pushed away by some great force, and realized that it was the wind. "How powerful it is!" he thought. "I wish that I could be the wind!"

Then he became the wind, blowing tiles off the roofs of houses, uprooting trees, feared and hated by all below him. But after a while, he ran up against something that would not move, no matter how forcefully he blew against it - a huge, towering rock. "How powerful that rock is!" he thought. "I wish that I could be a rock!"

Then he became the rock, more powerful than anything else on earth. But as he stood there, he heard the sound of a hammer pounding a chisel into the hard surface, and felt himself being changed. "What could be more powerful than I, the rock?" he thought.

He looked down and saw far below him the figure of a stone cutter.