

The okami kai howler

Volume 3, Issue 12 August 2002

7th Degree Aikido Black Belt Is Coming To Visit

Shihan Kevin Blok will be visiting on **Saturday September 21** to teach an Aikido seminar. Shihan Blok started training in martial arts in 1967. He received a first-degree black belt in Shito Ryu Karate and traveled to Hong Kong, staying for two years to study Choy Lay Fut Kung Fu.

In 1974 he began training in Yoshinkan Aikido and continued for 17 years.

In 1976, he graduated from the University of Windsor with a Degree in psychology and philosophy.

Shihan Blok established the Chudokan Aikido Dojo in 1982, which was incorporated and granted full tax exemption status by the federal government. This is the only Martial Arts centre to be recognized in this way.

Between 1978 and 1991 he took numerous trips to Japan, to study under Gozo Shioda Sensei and also to represent Canada at special events. He also assisted in the formation of the International Yoshinkai Aikido Federation (I.Y.A.F). Shihan Blok was elected Director and Executive advisor to the Canada Japan Society 1991-1994.

Presently, Shihan Blok is a 7th Dan and Aikido Shihan (master instructor) with the World Kobudo Federation as well as the W.K.F. Director of Aikido. He is a professor (Psychology and Defense Tactics) in the Law and Security Department, St. Clair College, Windsor, Canada.

He is also a consultant and instructor for the RCMP and The Canadian Police College in Ottawa for Defense Tactics Training.

Shihan Blok is the director and chief Instructor for ON GUARD a defense and control tactics training system. He is also a certified trainer for control and defense tactics by the National Law Enforcement Training Center. He is the author of three books and numerous videos on

Wolf Pack Report

Blue Pack is the winning Pack for the second year in a row!

They will be our guests of honour at our next anniversary party on **September 7, 2002**. All members will be allowed to play glow in the dark mini-golf at Putting Edge and have lunch free. Friends and other Okami Kai members who would like to attend should let Sensei know before **Thursday August 22**. There is a fee of **\$25.00** for each person who is not a member of **Blue Pack**. This fee must be paid for you to be confirmed as a guest.

2477 points

Green Pack

1628points

Red Pack

1617 points

Yellow Pack Congratulations to Jeremy Rilling for getting your third yellow stripe! Welcome Jonah Goldberg!
1582 points

All scores have been reset to zero points per pack as of August 1.

Aikido, weaponry and police tactics.

Students who would like to participate in this seminar must pay the **\$40.00 fee before September 3** to take part. After this date, the price will be raised to \$50.00 per person. This seminar is for any student who is 11 years or older and will start at **2pm**. **There will be no other classes being taught on this day.**

Picnic Grading Is Coming Soon

Our next grading will be taking place at **Willowtree Farms, which is just west of Manchester on Hwy. #7A on August 24**. White and Yellow belts who are grading will get a letter telling them they are on the grading list. Orange and higher belts should fill out their request to grade forms as soon as possible. These forms are to let Sensei know that you would like to participate and to get comments so you know what you should work on while you are preparing. The grading will be taking place at **9:30am**. There will also be a demonstration featuring some black belts from Hiryu Bushido Kai as well as Sensei Campsall. There is also plenty of space for swimming and picnicking so make sure you bring a lunch and anything else you will need to enjoy the day. Everyone is welcome whether they are grading or not.

[Get More Information Then Ever!](#)

Check Out What 'Sensei Says'
on the message board on
www.okamikai.com

New Fall Class Schedule

We will be changing to our new fall class schedule starting **September 3, 2002** after the Labour Day weekend. We will be offering more classes then ever before. This schedule

Please remember that there will be no classes on August 31 or September 2 due to the long weekend.

**Happy 3rd Anniversary
Okami Kai!
September 7, 2002**



Uxbridge has a new website!

News, weather, even it's own radio station **LIVE!**

For local information, community listings and so much more click on www.uxbridgerocks.com

features a new set of classes on Monday evenings for all students. White and yellow belts will be at 5pm. Orange and higher will be at 6pm and Blue belts or higher can train at 7pm. These classes are for all ages. The new schedule also sees the return of 6:30am classes which will be held again on Tuesdays and Thursdays. The 9am class has been moved back to Monday mornings as it was before the summer started.

Make sure you read your schedule thoroughly to be sure of your personal class times.



Okami Kai Tai Chi

Thursday Mornings 10am
Call Sensei Cathy Walker
For more information.
905-985-0205

Reach Out To The People You Train With!
Put Your Ad
In This Space!
Talk To Sensei For Details.

