

Chief Instructor  
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Sensei



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## **CLASS SCHEDULE 2009/2010**

<b><u>Monday</u></b>	10:30-11:30am	- All ages/All levels
	4:30-5:15pm	- Lil' Dragons
	5:30pm-6:30pm	- All ages/All levels
<b><u>Tuesday</u></b>	5:30pm-6:30pm	-Children/All levels
	8pm-9pm	-Adults/All levels
<b><u>Wednesday</u></b>	6:10 - 7:10am	- Adults / All Levels Karate
	5:30pm-6:30pm	-Children / All levels
	8pm-9pm	-Adults/All levels Karate <b>(Adult Aikido)</b>
<b><u>Thursday</u></b>	10:30-11:30am	- All ages / All levels Karate <b>(Adult Aikido)</b>
	11:30-12:15pm	-Weapons
	5:30pm-6:30pm	-Children/All levels
	8pm-9pm	-Adults/All levels
<b><u>Saturday</u></b>	9:30am-10:30am	-All ages / All levels
	10:30am - 11:15am	- Weapons
	11:15- 12:15	- <b>Adult Aikido</b>

We will be closed for Christmas holidays from **Fri. Dec. 18, 2009 - Mon. Jan.4, 2010.**  
There will also be no classes on long weekends or holidays.

\*There is an extra charge for all weapons classes.

**Any student who is late for their class time will not be allowed to train during that class.**